

Dancercise!

For fun and fitness

Ages 17 and up

Wednesdays and/or Fridays, 7—8 PM

Session I: January 11 - February 17

Session II: February 22 - March 30

6 week sessions



At the MTG Theatre, 910 16th Avenue; Monroe, WI

Tired of that treadmill? Dance your way to health this winter with this fun, no pressure dance/fitness class. Each week we will explore a new dance style — jazz, hip hop, lyrical, etc. Learn a simple routine each class to the tunes of popular, top 40's music.

Cost per session:

Wednesdays only—\$30; Fridays only—\$30

Wednesdays and Fridays—\$55

Instructor, Tashona Smith

Register by calling (608) 325 - 1111 or email monroetheatre@tds.net
Leave your name & number to reserve your spot. Indicate Wednesdays, Fridays or both days. Payment made on the first day of class.

Participants joining mid-session can have tuition costs pro-rated.

For more information, visit www.monroetheatre.com